

Your Travel Guide

Fairham, Nottingham

This Travel Guide looks at ways you can reduce the need to use your car and provides information on alternative options



Creating
a place to live,
work and flourish

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Fairham

Welcome to your new home

We have provided this Travel Guide to help you settle into your new home and surroundings. It has been prepared as part of a strategy to manage the travel demands at Fairham. The Travel Guide looks at ways you can reduce the need to use your car and provides information on alternative travel options.

We are keen to promote sustainable travel at Fairham and we hope that this guide will help you make the most of local sustainable travel options available.

Fairham is a significant new residential community which will eventually provide an additional 3,000 new homes to the south of the existing residential suburb of Clifton in Nottingham.


3,000
new homes

Why do I need a Travel Guide?

The Travel Guide shows you the nearest amenities to your new home and how you can reach them using a range of travel modes, often without the car. It aims to help you look at the way you can travel and how you could reduce the number of journeys you make in your car.

A Travel Guide Coordinator has been appointed for new residents and is happy to discuss any queries.

Please contact:

Mr. Steven Johnstone,
Lawrence Walker Limited,
Church Farm,
Leamington Hastings,
Warwickshire,
C23 8DZ

Contact: 01926 632111 or lwlttd@btopenworld.com

Up to date travel information and additional details of the initiatives highlighted in this Travel Guide can be found on the FairhamLife website, www.fairhamlife.co.uk.



Sustainable Travel Benefits The Fairham Travel Guide

We are committed to encouraging sustainable travel at the Fairham development. This travel guide is provided as part of the Travel Guide which has the following key objectives:

1. Bring about a measurable reduction in car based trips generated by the development.
2. Promote sustainable travel modes and raise awareness of available travel options.
3. Provide "smarter choices" measures and incentives to encourage and support the use of sustainable travel modes.
4. Address barriers to sustainable travel.

We will be undertaking annual surveys of all households at Fairham to monitor progress towards these objectives.

Other Benefits

- Saving you money
- Helping the environment
- Improving your health

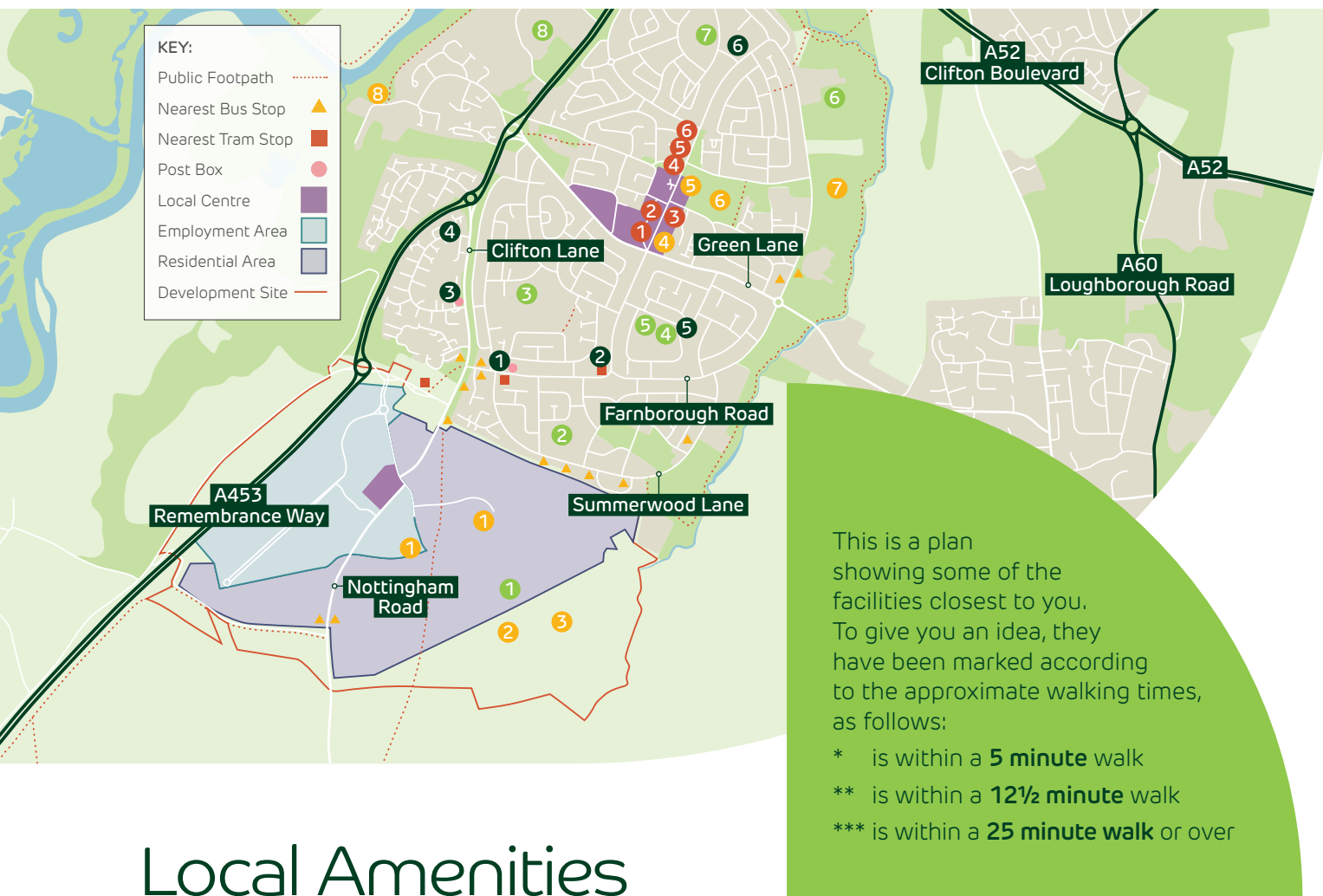


Home Working Benefits

We will be helping you understand the benefits of home working. These include:

- Saving in extra expenses such as commuting costs, take out food/coffee etc.
- Saving time – commuting time is removed/reduced
- Increased productivity – usual office distractions are removed
- More flexibility allowing tasks to be prioritised at your most productive times
- Less time off through stress and tiredness.





Local Amenities



Health

- 1 Boots Pharmacy***
- 2 Well Pharmacy***
- 3 Clifton Cornerstone walk-in Medical Centre***
- 4 Willowbrook Optician and Day/Night Pharmacy***
- 5 Southchurch Family Dental Centre***
- 6 Rivergreen Medical and Dental Centre***



Shopping

- 1 Local shops including***
 - Chip Shop
 - Post Office
 - Hairdresser
- 2 Local shops including***
 - Bed Shop
 - Newsagent/Convenience Store
 - Florist
 - Butcher
 - Bakery
 - Chip Shop
 - Co-op Supermarket
 - Vet
- 3 Newsagent/Convenience Store and Takeaway
- 4 Convenience Store
- 5 Local Shops including Convenience Store and Hairdresser
- 6 Local Shops including Convenience Stores, Hairdresser, Gym, Takeaways, Carpet Shop.



Recreation

- 1 Proposed Park*
- 2 Proposed Play Area*
- 3 Proposed Sports Field**
- 4 Clifton Leisure Centre***
- 5 Clifton Library***
- 6 Clifton Central Park with Play area and Outdoor Gym***
- 7 Clifton Playing Fields including sports pitches and Skate Park***
- 8 Clifton Grove Nature Reserve***



- Bus Stops on Nottingham Road**
- Bus Stops on Farnborough Road**
- Bus Stops on Summerwood Lane**
- Tram Interchange ***
- Tram stop on Farnborough Road***
- Post Box on Farnborough Road **



Education

- 1 Proposed Primary School**
- 2 Highbank Primary/Nursery***
- 3 Whitegate Primary School***
- 4 The Milford Academy***
- 5 Blessed Robert Widmerpool Catholic Voluntary Academy***
- 6 The Farnborough Academy***
- 7 Dovecote Primary***
- 8 Nottingham Trent University Clifton Campus***



- Proposed Local Centre**
- Clifton Local Centre including:***
 - Supermarkets (Morrisons, Iceland, Lidl, Co-op, Farmfoods)
 - Butcher
 - Homeware store
 - Banks
 - Hardware Store
 - Charity shops
 - Bakery
 - Post Office
 - Takeaways
 - Weekly Market



Walking



Walking is a healthy enjoyable way to get around that can be part of a daily routine for many people, and of course, it's completely free!

Convenient Pedestrian routes

Footways and footpaths in the area are well-lit, providing safe and convenient access to your nearest facilities at all times of day.

Nottinghamshire County Council provides further information on walking in the local area, including information on rights of way, guided walks, country parks, nature reserves, green spaces and much more.

For more information visit their website using the link provided below:

www.nottinghamshire.gov.uk

Walking with Children

Did you know that a walk of just 15 minutes provides children with half of their recommended daily exercise and can help them to be more alert in the classroom?

If you want to avoid the school run nightmares, check with your local school to see if they have a Walking Bus, Park and Stride or a WOW scheme all of which are supported by Nottinghamshire County Council. A Walking Bus is a group of children walking to school with one or more adults. It can be as informal as two families walking together or a larger organised group.

Park and Stride schemes make use of a parking area 5 or 10 minutes away from school. Parents and pupils who can't walk the whole distance to school can park and complete the journey on foot.

The Walk Once a Week (WOW) programme, available in participating schools, encourages and rewards students that walk to school at least once a week! Contact your local school to see if they participate in any of these programmes.

For more information on walking to school schemes please visit the link below to find active groups near you.

www.nottinghamshire.gov.uk/education/travel-to-schools



Resources

Further information on personalised walking route planners and how you can get involved in your local walking community can be found at:

www.walkingforhealth.org.uk

www.ramblers.org.uk

www.pathsforall.org.uk

Quick Facts

According to the Health Education Authority, 'Walking briskly for half an hour a day can halve the risk of heart disease'.

You could do this simply by walking 1200m (3/4 mile) a day to and from your destination instead of taking the car.



Cycling



Whether you want to improve your fitness, do your bit for the environment or have a little fun with your family, pedal power is the way forward.

It could also save you time and money. Cycle maps and information on the trails across Nottinghamshire are available from the Council's Travel Choice website (see below), as well as numerous leisure routes and connections to the National Cycle Network (NCN). There is also information about cycle maintenance and safer riding tips.

To encourage cycling for journeys to work and leisure, Nottingham City Council also provide information about CityCard cycle hire.

A wealth of advice and information is available from Sustrans, a UK cycling charity that looks after the National Cycle Network. Topics range from bike maintenance to cycle training and even scootering tips. Access to the NCN map is also available from their website.

www.sustrans.org.uk

www.ridewise.org.uk/cycling

www.nottinghamshire.gov.uk/transport/travel-notts

www.travelchoice.nottinghamshire.gov.uk

Cycle Training

Nottinghamshire County Council supports cyclists through training, advice, information and events. Professionally trained instructors visit schools across Nottinghamshire to teach children as young as 8 years old how to ride a bike safely. This type of cycle training offers children an opportunity to learn upgrade their skills and confidence following the National Standard scheme.

Further information about cycle training can be found on Nottinghamshire County Council's website or by telephone: **0115 9774373**

Cycle to work schemes

You can get help to buy a new bicycle or accessories using the 'cycle to work scheme.'

Ask your employer to sign up or for more details, visit www.bike2workscheme.co.uk

Local Cycle Stores

Cycle Clinic Ruddington
10 Church St
Ruddington
NG116HA
Tel: **0115 7795466**

Sshokwave Bikes
13 Church St
Ruddington
Nottingham
NG116HA
Tel: **0115 9215065**

Vale Cycles
75 Boundary House
West Bridgford
Nottingham
NG27DB
Tel: **0115 8373443**

Quick Facts

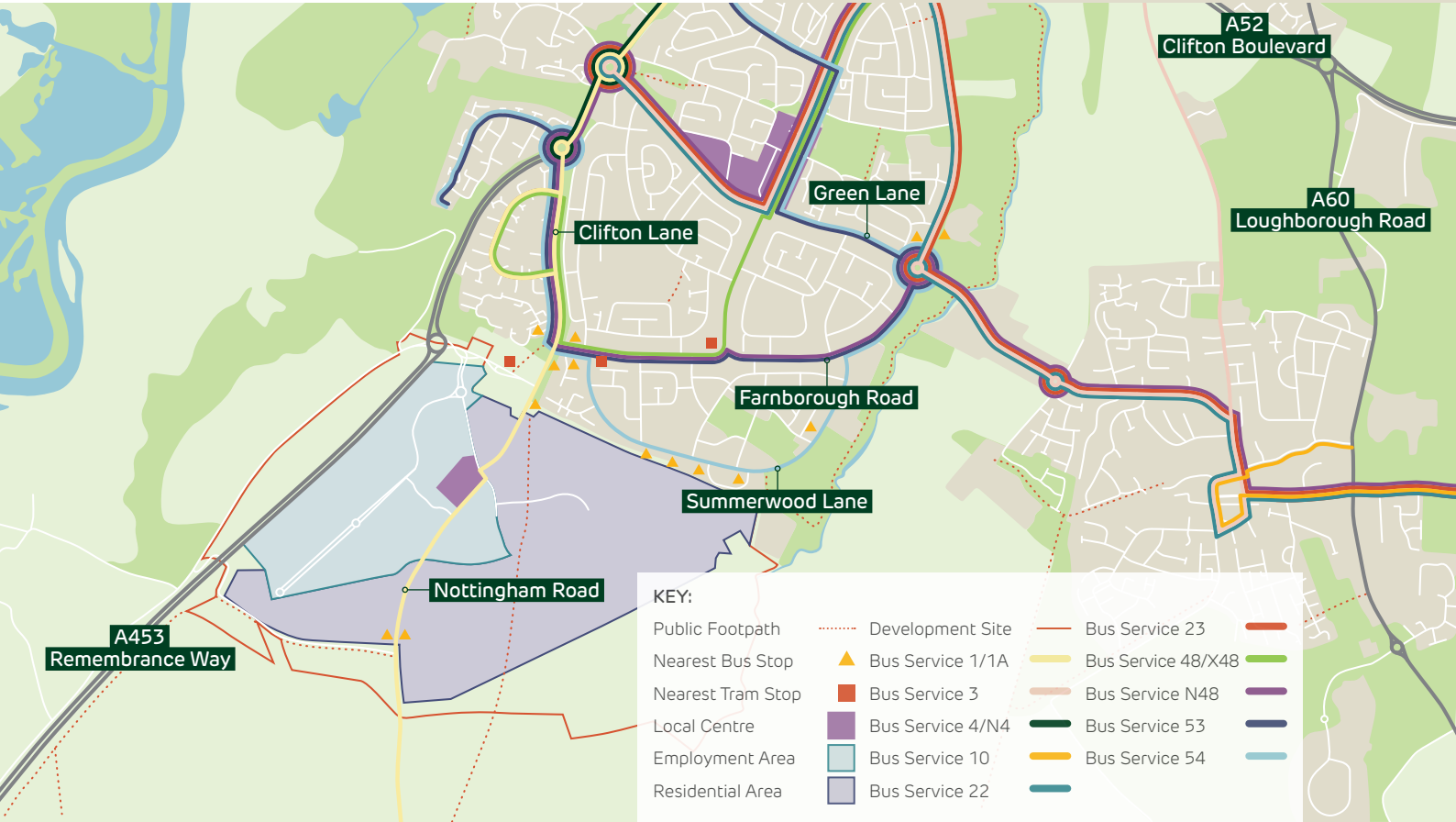
According to the British Medical Association, 'Cycling just 20 miles per week halves the risk of heart attack.' This would be equivalent to cycling to and from your workplace two miles away, five days a week.



Taking the Bus



Service number	Operator	Nearest Stop	Key destinations
1/1A	Nottingham City Transport	Nottingham Road	Nottingham - Clifton - East Leake - Loughborough
3	Nottingham City Transport	Farnborough Road	Nottingham - Nottingham Railway Station - Trent Bridge - Wilford Lane - Ruddington - Clifton
4/N4	Nottingham City Transport	Clifton Lane	Nottingham NTU City Campus - Nottingham Railway Station - Trent Bridge - Wilford Lane - Clifton NTU Campus
10	Nottingham City Transport	Church Street, Ruddington	Nottingham - Railway Station - Trent Bridge - Loughborough Road - Wilford Hill - Ruddington
22	CT4N	Farnborough Road	Gamston - West Bridgford - Ruddington - Clifton
23	CT4N	Farnborough Road	Gamston - West Bridgford - Ruddington - Clifton
48/X48	Nottingham City Transport	Farnborough Road	Nottingham City - Railway Station - Meadows - Queen's Drive - Clifton Bridge - Clifton
N48	Nottingham City Transport	Farnborough Road	Nottingham - Meadows - Clifton Bridge - Clifton - Ruddington
53	Nottingham City Transport	Farnborough Road	Arnold - NTU Jubilee Campus - Queens Medical Centre - Clifton
54	CT4N	Summerwood Lane	Arnold - NTU Jubilee Campus - Queens Medical Centre - Clifton



Within easy reach of your home are several bus services, providing access to Arnold, Wilford, Ruddington, West Bridgford and Nottingham City Centre.

The closest bus stops are located on Nottingham Road (around a 8 minute walk), Farnborough Road (9 minute walk) and Summerwood Lane (11 minute walk) and are served by the majority of the local bus services in Clifton. Together they provide a combined frequency more than 10 buses per hour.

Journeys from Clifton to Nottingham City Centre usually take around 30 minutes. Nottingham offers a wide range of employment opportunities. From Nottingham City Centre, you can access frequent connections to Derby and other parts of Nottinghamshire.

For longer distance journeys, both bus services run directly past Nottingham railway station where regular trains to Birmingham, London and Manchester operate.

The NET tram system also passes through the station and can be accessed at the Clifton Park and Ride site at the north-western corner of the site and at additional stops located on Farnborough Road.

Bus Fares

Taking the bus is an affordable way to travel, with many ways to make savings on a day trip or regular journeys. Here are some of the local bus fares for Nottingham City Transport's multi-journey tickets:

Nottingham City Transport Easyrider Tickets

For more information: www.nctx.eo.uk/easyrider



Taking the Bus contd.

Robin Hood Card

Unlimited weekly travel across Greater Nottingham's public transport network is now easier and cheaper than ever. Whether you use the train, tram or bus, a Robin Hood Card can offer you set monthly prices or the ability to effortlessly top up your card, whenever it suits you and used as Pay As You Go (PAYG) if you only travel occasionally.

Monthly season tickets are available via the Robin Hood app or any street ticket machines.

Follow the link below to register and order your free Robin Hood Card.

www.robinhoodnetwork.co.uk

Journey Planning

Want to know when your next bus is? If you have internet access, Traveline can help. You can access bus information via the website or smartphone app. www.traveline.info

Alternatively you can use Nottinghamshire County Council's own online journey planning tool. www.nottinghamshire.gov.uk/transport/public-transport/plan-journey



Want more Bus Information?

Nottinghamshire County Council has a web page dedicated to bus travel where you can find additional information on:

- Planning your bus journey
- Bus service changes
- Bus service operator details
- How to apply for concessionary bus passes

www.nottinghamshire.gov.uk/transport/public-transport/find-bus-timetables

Do I Qualify for a Free Bus Pass?

Free off-peak bus travel across England is available if you are eligible to apply.

What Categories of Disability Qualify for a Disabled Pass?

You may be eligible for a free bus pass if your disability is included in one of the following categories:

- Blind or partially sighted
- Profoundly or severely deaf
- Without speech
- Permanent severe walking difficulty
- Without the use of both arms
- Learning disability which includes significant impairment of intelligence and social functioning
- Refused a driving license on medical grounds.

Nottinghamshire County Council also provides free bus passes for the elderly. Visit the County Council's website to check if you qualify for an older person's pass:

www.nottinghamshire.gov.uk/transport/public-transport/concessionary-travel-passes

Tel: 0300 500 8080

Free Introductory Travel Passes

To complement the information provided in this Guide and to further encourage you to try out bus travel, we are offering 2 free travel passes per household. Each travel pass will be valid for 1 week, which should give you enough time to try out bus travel and see how it can fit into your lifestyle.

Please contact your Travel Guide Coordinator for more details.

Taking the Tram



Nottingham Express Transit (NET)

The Nottingham Express Transit (NET) system makes travelling throughout greater Nottingham comfortable and convenient. With 7 park and ride sites (P&R) and over 5000 free parking spaces, the NET offers a clean and quick way for you to get around Nottingham.

The nearest tram stop to your development is at Clifton South Park and Ride, which is located to the north-west of the development adjacent to the A453. It has over 100 car parking spaces included disabled and parent and child spaces and customer help points.

There is also a CityCard Cyclehub, which is covered, well lit and monitored via CCTV, where you can park your own bike securely.

For more information about the tram visit: www.thetram.net

Or for the CityCard Cyclehub visit: www.transportnottingham.com/cycling/park-your-bike/



Tram Fares

Taking the tram is a quick, convenient, comfortable and affordable way to travel. All tram travel is 'Buy Before You Board', with ticket machines conveniently located at tram stops. You can also buy tickets on your mobile using the NETGO app or pay using your Robin Hood smart card.

Season tickets are also available and can be purchased from ticket machines or through the NETGO app. (NETGO prices in brackets)

In addition to the tram only fares, it is possible to travel on the tram system in combination with bus and train journeys.

For more information on these additional ticketing options, please visit the NET website: www.thetram.net/tickets.aspx

Journey Planning

Want to know when your next tram is? If you have internet access, you can access live tram information via the website or NETGO smartphone app.

www.thetram.net/route-planner.aspx

NET - Route Map



Catching the Train

Nottingham and East Midlands Parkway stations are the nearest major rail stations to your new home. Nottingham Station can be reached by the number 1/1a and 48/48X local bus services, the Nottingham Express Transit (NET) tram system and can also be reached within a 30 minute cycle ride.

Both stations lie on the Midland Mainline and are managed by East Midlands Railway providing regular services to London and other major destinations such as Luton Airport, Sheffield, Peterborough and Derby.

Nottingham Railway Station also lies on the cross-country route between Norwich, Manchester and Liverpool and provides local services to various intermediate stations as well as direct Cross Country train services to Birmingham, Bristol and Cardiff.

There are typically 2 trains per hour to London, Sheffield and Birmingham with journey times of around 1 hour 40 minutes to 2 hours, 1 hour 20 minutes and 50 minutes respectively. Trains to Peterborough are every 1 to 2 hours and take about 1 hour and services to Derby are typically 3 per hour taking about 25 minutes.

Nottingham Station has a 24 hour cycle hub with space for up to 140 cycles, changing facilities and repairs are possible at an on-site repair shop. Additional facilities include ticket office and machines, cafés and vending machines, pay phones, toilets, showers, ATM and waiting rooms. Step free access is also available throughout the station.

East Midland Parkway has storage for 20 cycles, ticket office and machines, ATM refreshments facilities, waiting rooms, toilets and step free access to all platforms. It also has a 885 space car park with 22 accessible spaces.



Rail Cards

To save money, you can buy a range of national and regional rail cards.

- **16-25** (+ mature students)
- **26-30**
- **Family & Friends** (up to 4 adults and 4 children travelling together)
- **Senior** (over 60s)

For more information and additional discounts, check out www.railcard.co.uk or call **0345 3000 250**.

Have a Disability?

Don't worry – National Rail can help! Assistance is available to passengers with disabilities, including wheelchairs and luggage carrying.

If you need extra help at the station it's best to book at least 24 hours in advance.

To find out more call **0800 092 4260** or textphone **0344811 0134**.

Journey Planning

You can download a National Rail smartphone app for Android or iOS, allowing you to plan your journey in advance and even buy your ticket! If you don't have a smart phone, everything you need to know is on their website. Visit www.nationalrail.co.uk or call **03457 48 49 50**.

Nottingham PLUSBUS

A Nottingham PLUSBUS ticket can be used as part of your train journey and allows unlimited travel on bus services run by participating operators around the Nottingham urban area. Day tickets are available online or from the railway station. For more information visit www.plusbus.info



Car Sharing

What is Car Sharing?

Car sharing is when two or more people arrange to share a car and travel together instead of driving alone.

Liftshare.com

Liftshare.com is a free database that aims to connect potential car share partners who want to make similar journeys at the same time of day.

It's as flexible as you need - share as often or as little as you want! It's simple and free to join and there's no obligation once registered.

Nottinghamshare is the Nottingham car share scheme available through Liftshare.

For more information and details or to find how much you could save, use the web link below, or search "Car Sharing".

liftshare.com/uk/community/nottinghamshare

Shared Mobility/ Car Clubs

Shared mobility means using car club cars, 2+ car sharing, shared bikes and public transport. It can be a viable alternative to owning a car.

Many people do not make a regular trip by car, and the costs of owning and maintaining a vehicle can be increasingly expensive. By replacing one or more of your family cars with a Car Club membership you could make significant savings while still having access to a vehicle when you need one.

Organisations such as Como UK promote car clubs and shared transport. If you want to find a car club near you visit www.como.org.uk

Enterprise Car Club operates across the Nottingham area and nationally, providing access for cars/vans to hire on an hourly or daily basis. The nearest Enterprise car club vehicle to your home is located at Clifton Leisure Centre. For more information on Enterprise car club vehicles near you, visit www.enterprisecarclub.co.uk or call **0345 266 9290**.

Quick Facts

The use of car sharing schemes by commuters reduces the number of single-occupancy cars on the road. This helps reduce congestion, air pollution and parking problems. It also saves you time and money, and even the need to own a car at all.



